



## DMCV Sharks Recreational Rules of the Game

### U8

Ball size: 4

Equipment required: Shin guards

Game Length: 45 minutes

Half length: 2-20 minute halves w/ 5 minute halftime

# of Players on Field: 7 v 7 - 8 v 8 at Coach's discretion- including goalkeepers

Substitutions: Unlimited, during any stoppage

Referee: 1 referee on field

Fouls: Refs call fouls, explain infringement, give free kick

Handballs: Allow incidental, stop play and give free kick for intentional hand ball

Free kicks: All direct

Penalty kick: None

Offside: Build out line

Ball out of play: Throw-in ( retake allowed, teaching moment )

Corner: Player kick in

Goal kicks: player kick in, opposing team is behind the build up line and waiting for the ball to be **received by the player from the other team.**

NO JEWELRY ALLOWED, GLASSES MUST BE SECURED WITH A STRAP

### U10

Ball size: 4

Equipment required: Shin guards

Game Length: 55 minutes

Half length: 2-25 minute halves w/ 5 minute halftime

# of Players on Field: 7 v 7 - 8 v 8 at Coach's discretion- including goalkeepers

Substitutions: Unlimited, during any stoppage

Referee: 1 referee on field

Fouls: Refs call fouls, explain infringement, give free kick

Handballs: Allow incidental, stop play and give free kick for intentional hand ball

Free kicks: All direct

Penalty kick: Yes

Offside: Build out line

Ball out of play: Throw-in ( retake allowed, teaching moment )

Corner: Player kick in

Goal kicks: player kick in, opposing team is behind the build up line and waiting for the ball to be **received by the player from the other team.**

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## **U12**

Ball size: 4

Equipment required: Shin guards

Game Length: 55 minutes

Half length: 2-25 minute halves w/ 5 minute halftime

# of Players on Field: 9 v 9 - 10 v 10 at Coach's discretion- including goalkeepers

Substitutions: Unlimited, during any stoppage

Referee: 1 referee on field

Fouls: Refs call fouls, explain infringement, give free kick

Handballs: Allow incidental, stop play and give free kick for intentional hand ball

Free kicks: All direct

Penalty kick: Yes

Offside: Yes

Ball out of play: Throw-in ( retake allowed, teaching moment )

Corner: Player kick in

Goal kicks: player kick in, opposing team outside of the penalty box

**NO JEWELRY ALLOWED, GLASSES MUST BE SECURED WITH A STRAP**